

RABDOSIA PROSTATE FORMULA

Rabdosia Prostate Formula (*Dong Ling Cao Fang*). A number of the herbs in this formula have been used in China in recent years to treat patients with prostate cancer. Rabdosia (*dong ling cao*), barbed skullcap (*ban zhi lian*), oldenlandia (*bai hua she she cao*), isatis (*da qing ye*), moutan (*mu dan pi*), zedoary (*e zhu*), and amber (*hu po*) are used in traditional Chinese herbal medicine to treat cancer and tumors. Licorice (*gan cao*) and ganoderma (*ling zhi*) support qi and the body's immune function. Lindera (*wu yao*) and cyathula (*chuan niu xi*) relieve pain in the lower abdomen. According to modern research, saw palmetto reduces inflammation and supports prostate health.

Ingredients

Rabdosiae Herba (Rabdosia / **Dong Ling Cao**) 24.1%
Hedyotis Diffusae Herba (Hedyotis, Oldenlandia / **Bai Hua She She Cao**) 13.8%
Isatidis Folium (Isatis Leaf, Indigo Woad Leaf / **Da Qing Ye**) 6.9%
Scutellaria barbatae Herba (Barbed Skullcap / **Ban Zhi Lian**) 6.2%
Moutan Cortex (Tree Peony / **Mu Dan Pi**) 6.2%
Paridis Rhizoma (Paris Rhizome / **Chong Lou**) 6.2%
Glycyrrhizae Radix (Chinese Licorice Root / **Gan Cao**) 6.2%
Cyathulae Radix (Cyathula Root / **Chuan Niu Xi**) 6.2%
Curcumae Rhizoma (Zedoary Rhizome / **E Zhu**) 6.2%
Linderae Radix (Lindera Tuber, Chinese Allspice / **Wu Yao**) 6.2%
Serenioae Fructus (Saw Palmetto Berry) 5.6%
Succinum Resina (Amber / **Hu Po**) 3.4%
Ganoderma (Reishi / **Ling Zhi**) 2.8%

Chinese Medical Actions

Clears heat and damp-heat, cools and invigorates blood, disperses swelling, resolves toxin.

Indications

Elevated PSA (Prostate Specific Antigen) count	Prostatitis, acute Urogenital dampness and pain
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Tongue: May be swollen, purple, or red, with yellow coating.

Pulse: Rapid, wiry.

Contraindications: Use caution in cases where there is an absence of heat.